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John Mac talks SAS hand to hand combat Goshinkwai SAS vet John Mac goes through the

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Royal Marine Commandos- HAND TO HAND COMBAT Hand to hand combat, at royal armed forces day, Falmouth 2013 If you enjoyed this video please like and subscribe.

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First Strike Finishes It! British Army Unarmed Combat Self Defense With Martin Day This video shows you how to defend and protect yourself, your family and friends with army unarmed **combat** and **Combat** Self ...

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